30-day adulting challenge

Tackle these financial wellness tasks over the next 30 days.

**Decide what drives you**
- 1. Set your goals
- 2. Add purpose to your priorities

**Track your spending**
- 3. Calculate monthly expenses
- 4. Tally annual account management fees
- 5. Jot down other yearly expenses
- 6. Summarize monthly spending

**Deconstruct your debt**
- 7. Calculate your total debt
- 8. Add some debt detail

**Assess your assets**
- 9. Average your monthly pre-tax income
- 10. List your savings and investment accounts

**Start taking action**
- 11. Monitor progress
- 12. Commit to saving for the future
- 13. Set up auto bill pay (or calendar alerts)
- 14. Bundle up
- 15. Review your spending and debt habits
- 16. Commit to financial fitness

Read the full article at: financialiq.usbank.com/index/manage-your-household/personal-finance/adulting-challenge-financial-wellness-tasks.html

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