

Financial Wellness Seminars

Financial Wellness seminars give students the opportunity to learn about the **basics of managing money.**

As a dedicated partner in the community, U.S. Bank offers a series of Financial Wellness seminars that give students the opportunity to learn about the basics of managing money. Through these seminars, students learn about fundamental financial concepts such as balancing a checkbook and how to build a good credit history. Financial Wellness seminars can be presented by bankers or by campus organization leaders with banker assistance. The U.S. Bank Financial Wellness seminars include the following topics:

Banking Basics 101

How to Balance Your Checkbook and Still Have Money Left Over For Pizza

The Budget Zone

Saving for a Spring Break without Breaking the Bank

Conquering Credit

The Do's and Don'ts of Keeping Your Credit Squeaky Clean

Loan Lessons

The Low-Down on Loans, Interest and Keeping Your Head above Water

Avoiding Identity Theft

Keeping Your Identity — and Your Credit — Intact

International Student Banking Guide

Your Introduction to the American Banking System

Study Abroad Seminars

Managing Your Money while Abroad

Helpful Tips for Managing Your Money

Creating a Plan and Useful Tools for Avoiding Overdrafts

